

A woman with curly hair and tattoos is shown in profile, holding a singing bowl. She is wearing a black top and has several tattoos on her arms. The background is a natural setting with trees and a stone wall.

LA VIDA SURF

DAR ZITON RETREATS

La Vida Surf, a top-rated Nordic-Moroccan yoga, surf and nature retreat-centre invites you to organise your private retreat in mystical Morocco. Bring your students along for an unforgettable journey to the vibrating grounds of Africa. Discover a perfect platform for your retreat.





ONE OF A KIND RETREAT

La Vida Surf offers a complete retreat concept with all necessary ingredients for your one of a kind retreat. Immerse into teaching and practicing yoga, enjoy contemporary comfort in an authentic location and nourish your body with plant powered meals.

Let us take care of the rest.

We provide an exclusive use of our boutique Villa Dar Zitoon with its caring team and help in organising your unique experience through our knowledge of the region.



THE COMPLETE RETREAT CONCEPT

Our complete retreat concept includes all necessary ingredients for your successful event:

- Boutique accommodation in traditional Moroccan Villa with a pool
- Private use of the entire Villa with a rooftop yoga shala, pool and garden
- Assortment of yoga equipment: mats, bricks, straps, bolsters and blankets
- Daily plant-powered breakfast, lunch and dinner
- Traditional Moroccan dining ritual
- Cleaning service and towels
- Private hosts and chefs, cleaning and maintenance team
- Free accommodation for the yoga teacher



A HIDDEN GEM

Morocco is often described as the land of mystery and fascinating culture. You will soon experience what it means to stand on the vibrating grounds of Africa surrounded by thousands of ancient Argan trees, and discover the vibrant and colourful City of Essaouira.

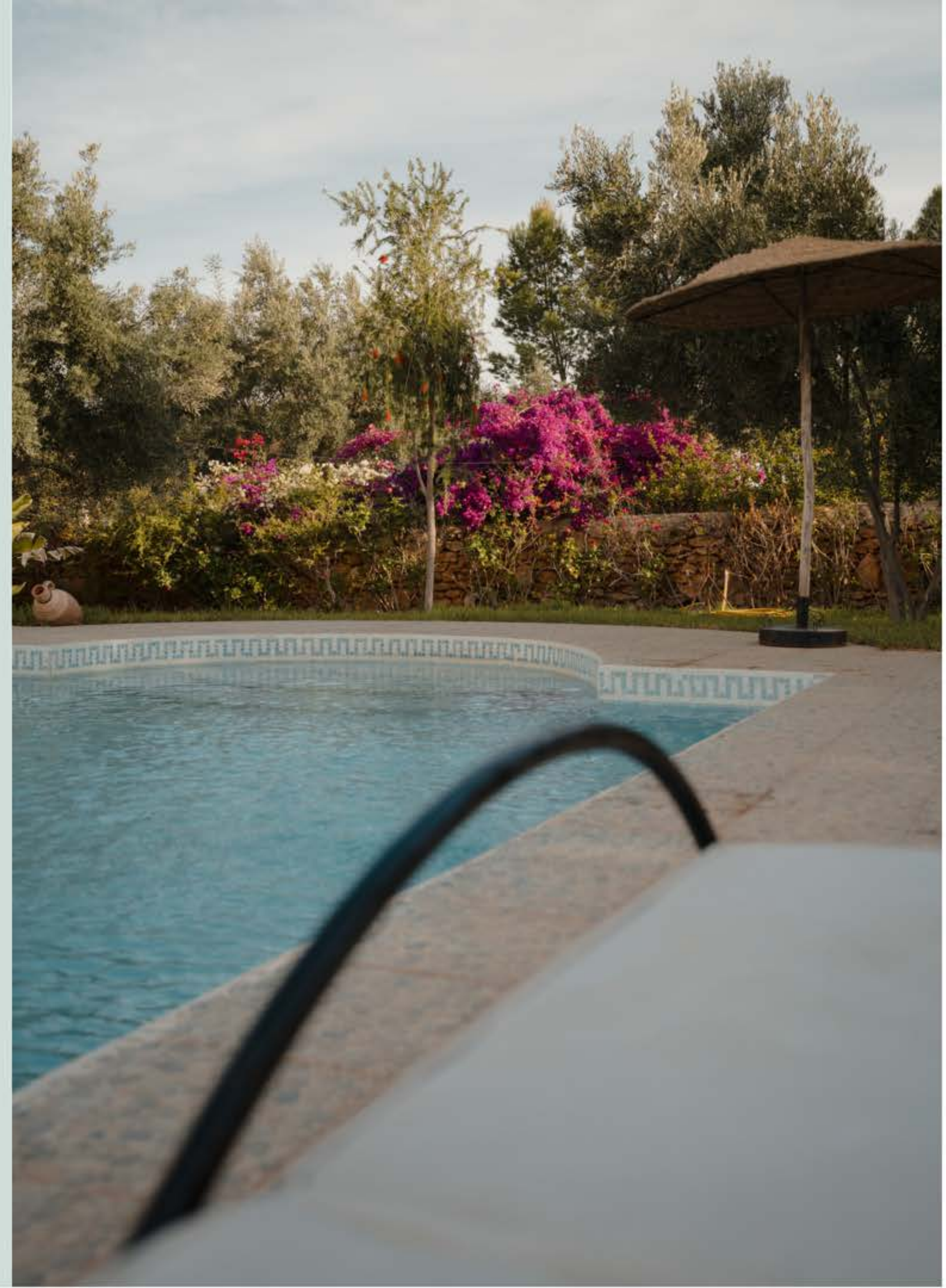
We have chosen this location for the outstanding nature and vibrant culture of Morocco, therefore it is natural for us to incorporate the unique combination of these elements into your retreat.



VILLA DAR ZITON

Resting on the hills of Ounagha, Villa Dar Zitoun is surrounded by thousands of Argan and Olive trees from which our villa got its name, Dar Zitoun, where “Dar” stands for a house and “Zitoun” for an olive.

Enjoy contemporary comfort and complete privacy along with a chance to experience the authentic life of a local Berber village, known for its warm hospitality and tranquil vibes.





Dar Zitoon is a traditional Moroccan villa - Riad, with a private pool, garden and rooftop yoga shala, with a 360 degree view over the views of both sunrise and sunset.

It accommodates up to 16 guests in 7 boutique and authentically decorated rooms with configurations of your choice - double, twin or triple.

The Villa is located 20 kilometres from the historical city of Essaouira. The villa is 30 minutes from Essaouira Airport and 2,5 h from Marrakech Airport reachable by direct flights from major European cities.



YOUR HOME AWAY

Witness every sunrise and sunset on the rooftop yoga shala with a stunning 360 view over the Ounagha Hills. Immerse yourself into yoga practice with the garden surrounding you and a light breeze caressing the yoga session.

Take a dip into a refreshing pool, relax under the warm Moroccan sun and laze on a sunbed with a book in your hand.

Share delightful meals and tales from around the world in a sunny dining hall with the pool and garden view.

Enjoy a cosy moment around the fireplace in the living room, uniquely decorated in traditional Moroccan style. Once the last light disappears over the horizon, explore a magical star map of bright Moroccan sky, and if you are really lucky - see a shooting star.

YOUR PLANT-POWERED MENU

At La Vida Surf, you will be served meals with a purpose. You will nourish your body with plant-powered breakfasts, lunches and dinners. You will eat healthy, fresh, and organic food handpicked from the nearby region and provided by local farmers.

Your menu will consist of delicious vegetarian and vegan meals, inspired by yogic and Moroccan cuisine, with our private chefs adapting their recipes to your dietary requirements and allergies. If you follow a pescatarian diet you will be catered a fresh fish of the day from the local fishermen for one of your dinners.





YOUR SAMPLE BREAKFAST MENU:

- Coconut milk rice pudding, Amlou nut butter, fresh fruit, Msemen Moroccan pancakes, green juice
- Smoothie bowl, with seasonal fruit, avocado sourdough toast, carrot-ginger juice

YOUR SAMPLE LUNCH MENU:

- Cauliflower puree, falafel, hummus, fennel salad, bliss balls
- Quinoa & lentils soccer, guacamole, sautéed bell peppers and onions, caramelised mushrooms, potato wedges, fava beans, dates and dark chocolate

YOUR SAMPLE DINNER MENU:

- Moroccan lentil soup, bread, vegetable tagine, fresh salad of the day
- Quinoa salad with chickpeas, pumpkin and sweet potato soup, glazed carrots and beetroot, fresh salad of the day, dates and dark chocolate

YOUR INVESTMENT STARTS FROM 950€ PER DAY, DEPENDING ON YOUR PREFERRED MONTH AND SIZE OF YOUR GROUP.

MAY - AUGUST

PRICE PER DAY

950€

OVER 10 STUDENTS

+ 50€ / EVERY STUDENT OVER 10

SEPTEMBER - APRIL

PRICE PER DAY

1150€

OVER 10 STUDENTS

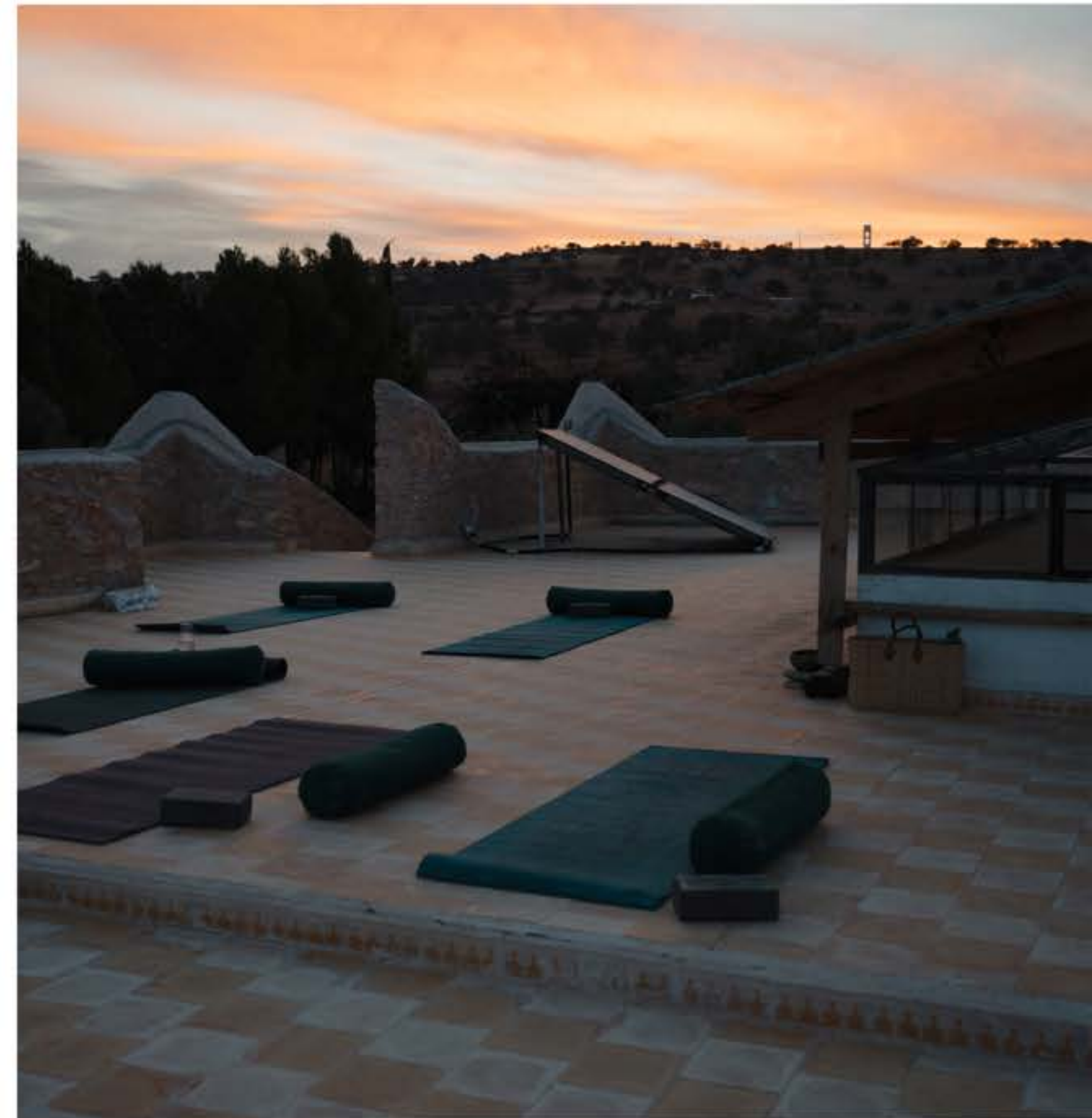
+ 50€ / EVERY STUDENT OVER 10

+ TVA 20% ADDED



EXTRA ACTIVITIES

According to your wishes, we can enhance your retreat experience with surf adventures (wind/kite/wave), nature trips, culture experiences, wellness treatments, and much more. There are numerous things to do in our region and La Vida Surf team will introduce you to what we are passionate about.



SURF ADVENTURES

During your retreat, you will be also able to integrate with nature through surfing. You can test your skills in surfing, windsurfing, or even the thrilling art of wing foiling. With the experienced team of instructors and guides you will learn the basics of surfing in its various forms and learn how to read the Ocean.

HAMMAM AND MASSAGE RITUALS

One of the highlights of Moroccan culture is the ancient purifying ritual of hammam using a traditional combination of black soap and mineral rich clay. Enrich your wellness holiday by allowing yourself to be taken care of, washed and scrubbed, soaked in Argan oil, followed by a massage or other wellness treatments.

EXPLORATION TRIPS

We love to explore this country of mysteries and therefore also enjoy bringing our guests along on an adventure. Morocco holds several natural sights worth mentioning, such as Diabat Dunes & the Ruins of Sultan's Palace, Argan Forests, Old City of Essaouira, horse rides on the beach and Le Val d'Argan vineyard.



OUR STORY

La Vida Surf is a small Nordic-Moroccan Yoga, Surf and Nature company which is found on one basic principle, namely, "Giving Back" while enjoying the outdoors. We consider preserving the very nature in which we love to roam as one of the most important deeds to be done for human kind.

All life can be traced back to the existence of our forests and oceans and it is no secret mankind is on a quest of full exploitation of these vital sources of life. Therefore, La Vida Surf, like so many great minds and companies have done before us, joined the quest of preserving the nature we love by donating a percentage of our income to the founding of La Vida Surf - Groundwater Fund (Perintövesi Säätiö), which is set to buy land and preserve it for all time to come.





GET IN TOUCH

Your exclusive retreat is right at your door. Let us know about your wishes and together we will make yours and your students' stay unforgettable.

The entire team of La Vida Surf wishes you best of health and looks forward to hearing from you.

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Essaouira Province, Morocco



A person wearing a dark beanie, a light-colored t-shirt, and light-colored pants is walking away from the camera on a sand dune. The dune is in the foreground, and the ocean is visible in the distance under a clear, light blue sky. The overall scene is serene and contemplative.

“I SING TO THE FORESTS AND OCEANS, BIRTH PLACE OF ALL LIFE. I LISTEN TO YOUR WISDOM, MAY YOU SHED UPON ME THY LIGHT. ACCEPT YOUR CHILD WHO WISHES TO LEARN, WHO UNDERSTANDS THE WRONG AND IS READY TO RETURN.”

ALEKSI KOSKELIN,
FOUNDER OF LA VIDA SURF